



Troy Norman, who hails from New Zealand and Vermont, has published a children's book entitled *Pull Yourself Up by Your Booty Boot Straps?* The story follows a young boy and his sister as they explore the phrase "pull yourself up by your booty boot straps." They eventually discover that the only way to "pull yourself up" is with family and friends who are always there to lend a helping hand. The book is available in both print and eBook formats and can be found on [Barnes and Noble](#) , [Amazon](#) , or [Apple](#)

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